



Hello family and friends of HHS P-7,

Welcome back to all our families, it was great to catch up with so many of you on Tuesday morning. And a big welcome to our new families!

Over the first three weeks teachers will be getting to know your children and establishing class routines and expectations. Parents and Carers you will have a first-hand opportunity to hear all of this at the Acquaintance Sessions on Friday 14th February. Those families new to our school, our parent acquaintance sessions are on that Friday morning, after a welcome assembly, and includes morning tea with the staff and the opportunity for you to attend a Governing Council meeting, to demystify what it is all about.

I would like to welcome Sarah Nursey-Bray to our school who will be with us for the year in Room D as the Year1/2 teacher, Mrs NB comes with a wealth of experience. Mr Gaedt is continuing his PE role, as well as, three days a week in Room 9 with our year 3/4/5 students. I am yet to secure the right teacher for the other two days with Room 9. Mrs Fassina and Mrs Lambert are working with our receptions and Year 1's and of course Room 8 students were happy to see Mr Vigor return and Mrs Bea will continue to teach Science. We are all excited to see the numbers grow in our pre-school this year, so Amy and the team are going to be very busy this year.

Cathryn

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## Health & Safety Reminders

Hats are to be worn in Term 1 by **ALL** students

We are an allergy aware school – we currently have a student who is **highly allergic to oranges**. If you can avoid sending oranges or food containing oranges in your child's lunch box we greatly appreciate your support. Thank you



## School Values

**Pride** – a reasonable and justifiable feeling of being worthwhile: self-respect.

**Responsibility** – Being *responsible* means you do the things you are expected to do and accept the consequences (results) of your actions.

**Integrity** – *Integrity* is the ability to act in ways that are consistent with the values, beliefs, and moral principles we claim to hold. It's about doing the right thing, even when no one is watching; and about courage, honesty, and respect in one's daily interactions

**Determination** – a quality that makes you continue trying to do or achieve something that is difficult.

**Equality** - the quality or state of being equal.

## Key Dates for Term 1

### Week 3

Assembly (Room 8) – Friday 14 February @ 9.00am -

Followed by Acquaintance Morning & Governing Council meeting

### Week 5

Sapsasa Swimming – 24 February

Pancake Day fundraiser – 25 February

### Week 6

Assembly (Room 9) – Friday 6 March @ 9.00am

### Week 7

Adelaide Cup Day – Public Holiday

### Week 8

Photo Day – 19 March

Harmony Day – 20 March

### Week 9

Sapsasa Athletics – 24 March

Assembly (Room D) – Friday 27 March @9.00am

### Week 10

Parent Teacher Interviews

### Week 11

Good Friday – Public Holiday

## Blake's Bakery continuing for 2020

to accommodate our Preschool families and from feedback we received, we would now like to offer Blake's Bakery and their **deli lunch menu** on a **Thursday**.

Orders to be returned with **correct money to the front office no later than 9.00am Thursday mornings**.

## WE ARE A BUCKETFILLING SCHOOL



## WE FILL BUCKETS...NO DIPPING!

Our little school with a big heart encourages **positive behaviour** by using the concept of an *invisible bucket* to show children how easy and rewarding it is to express kindness, appreciation, and love by filling buckets. We also teach that 'bucket dipping' is a negative behaviour, not a permanent label. We also explain that it's possible to fill or dip into our own buckets too.

For further information visit [www.bucketfillers101.com](http://www.bucketfillers101.com) or read the information we have in the Front Office.

We encourage our children and staff to nominate a person who has filled someone's bucket or shown our school values and place their name in the 'Bucket Filling Post Box'. Bucket Fillers are chosen from the post box at assembly and receive acknowledgement in the newsletter and a treat. See Page 3 for our "Bucket Fill-osophy".





# "Bucket Fill-osophy"

## The Theory of the Dipper and the Bucket



Each one of us has an invisible bucket.

It is constantly emptied or filled, depending on what others say or do to us.



When our bucket is full, we feel great.

When it is empty, we feel awful.

Each of us has an invisible dipper.

When we use that dipper to fill other people's buckets ~

by saying or doing things to increase their positive emotions ~ we also fill our own bucket.

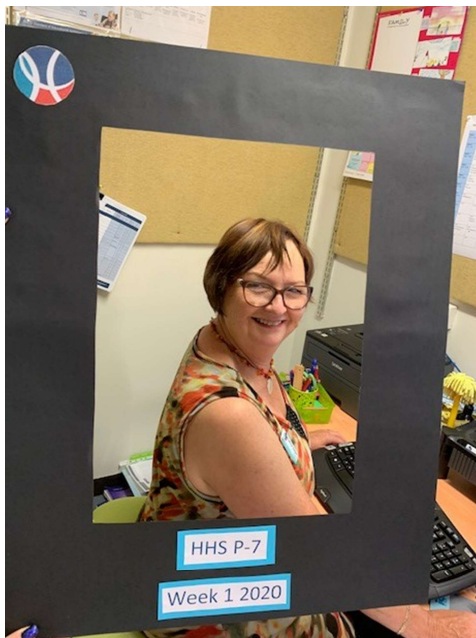
But when we use that dipper to dip from others' buckets ~ by doing or saying things that decrease their positive emotions ~ we diminish ourselves.

Like the cup that runneth over, a full bucket gives us a positive outlook and renewed energy. Every drop in that bucket makes is stronger and more optimistic.

But an empty bucket poisons our outlook, saps our energy, and undermines our will. That's why every time someone dips from our bucket, it hurts us.

So we face a choice every moment of every day: We can fill one another's buckets, or we can dip from them.

It's an important choice ~ one that profoundly influences our relationships, productivity, health, and happiness.



## Picture Gallery #HHSP-7weekone



